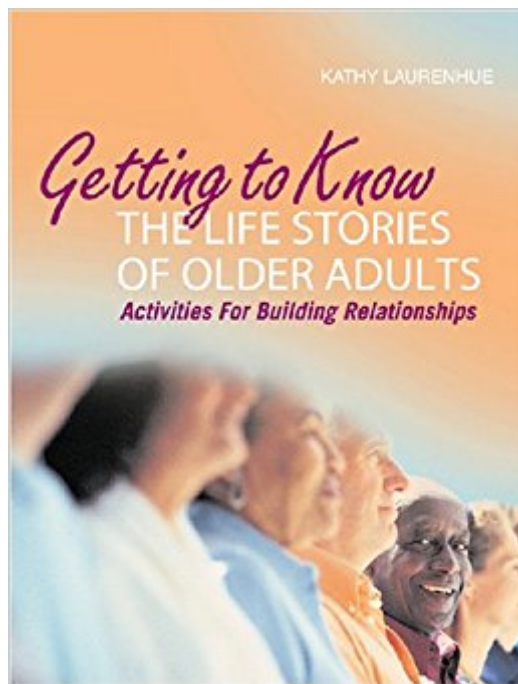




The book was found

Getting To Know The Life Stories Of Older Adults: Activities For Building Relationships



Synopsis

Positive relationships begin with people enjoying one another. This fresh look at reminiscence uses fun-filled, lively activities to help people laugh with, as well as learn from, each other. The engaging program will foster understanding and build a sense of community through meaningful interaction. Nine in-depth group exercises and more than 30 informal mini-exercises cover broad topics such as individuals' backgrounds, personal preferences, and social history. Games, discussion, storytelling, and other interactive methods are used to reveal participants' unique characteristics, experiences, and interests. Substantial benefits will result including * expanded self-awareness and self-esteem * strengthened relationships among participants, families, and caregivers * disclosure of useful information for personalizing care * enhanced brain functioning Appropriate for people of all ages, but aimed particularly at older adults, these activities can be used in long-term care settings, assisted living facilities, adult day centers, and senior centers. The exercises can also be adapted for one-on-one use in home or community settings and used with intergenerational groups. Each main exercise is completely scripted and easy-to-implement with minimal preparation. The manual also includes adaptations for people with dementia, additional resource lists, and a CD-ROM with printable handouts. Every person is unique--use these activities to discover, celebrate, and benefit from the experience and individuality of older adults.

Book Information

Paperback: 224 pages

Publisher: Health Professions Press (March 9, 2007)

Language: English

ISBN-10: 193252925X

ISBN-13: 978-1932529258

Product Dimensions: 0.8 x 8.5 x 10.8 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #1,626,745 in Books (See Top 100 in Books) #159 inÂ Books > Textbooks >

Medicine & Health Sciences > Medicine > Clinical > Nursing Home Care #272 inÂ Books >

Medical Books > Nursing > Nursing Home Care #749 inÂ Books > Politics & Social Sciences >

Social Sciences > Gerontology

Customer Reviews

This book reveals in good detailed information, the importance of caregivers knowing the Life

History of the patients they are caring for, when the diagnosis is Alzheimer or other dementia related disorders. However the same principles of knowing the patient, is applied to most patient care in Long term Care facilities. This book is easy to read, understand, and convincing in its subject. This books teaching used in conjunction with Best Friends Approach to Alzheimer's Care, by Bell & Troxel, provides a wonderful overview of care for the Caregivers/families and facilities that provide care for persons with these diagnoses.

excellent resource for anyone working with older adults. Lots of good tips to energize groups. Exercises can be adapted for individual counseling. Scripts included that can be edited as needed. Highly recommended.

[Download to continue reading...](#)

Getting to Know the Life Stories of Older Adults: Activities for Building Relationships 201 Fun Senior Activities - Top Senior Activities, Elderly Activities, Dementia Activities, and More! (Fun! for Seniors) Getting to Know ArcGIS Desktop: Basics of ArcView, ArcEditor, and ArcInfo (Getting to Know (ESRI Press)) Ouija Board Stories: Chilling True Horror Stories Of Ouija Boards Gone Wrong (Ouija Board Stories, Ghost Stories, True Horror Stories, Ouija Board Nightmares, Haunted Places Book 1) EROTICA: PAST BEDTIME - 31 Short Story Steamy Romance Stories, Sultry XXX Short Stories, Sex Stories For Adults, New Adult Books, Off Limits Erotic Shorts Med School Rx: Getting In, Getting Through, and Getting On with Doctoring EROTICA: FFM THREESOME ROMANCE STORIES MENAGE TABOO EROTIC SEX STORIES BUNDLE (MFF FMF FFF Lesbian Fiction Milf First Time 3 Books Collection): Older Woman ... Chronicles 2 1 3 Love Story Series) Sex Stories: 41 Dirty Stories, Younger Woman Older Man Erotica Romance Taboo Family Step Bundle Box Set Collection Exercise for Older Adults: Ace's Guide for Fitness Professionals Exercise and Wellness for Older Adults - 2nd Edition: Practical Programming Strategies Nursing for Wellness in Older Adults Anderson's Caring for Older Adults Holistically Caring for Older Adults Holistically 5e 5th (fifth) Edition by Anderson PhD APRN BC, Mary Ann published by F.A. Davis Company (2011) Gerontological Nursing: Promoting Successful Aging with Older Adults Critical Care Nursing of Older Adults: Best Practices, Third Edition Restorative Care Nursing for Older Adults: A Guide For All Care Settings, Second Edition (Springer Series on Geriatric Nursing) The Hope of Glory - A Devotional Guide for Older Adults Mental Disorders in Older Adults, Second Edition: Fundamentals of Assessment and Treatment Management Guidelines for Nurse Practitioners Working with Older Adults The Nurse's Role in Promoting Optimal Health of Older Adults: Thriving in the Wisdom Years

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)